



Gwneud i bob cyswllt gyfrif
Making every contact count



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Ydych chi'n meddwl am **yfed llai o alcohol?**

Does dim ots beth yw diben
eich apwyntiad, mae croeso i
chi ein holi ni ynghylch yfed
llai o alcohol.

**Rydyn ni'n *barod*
os ydych chi**

Are you thinking about **drinking less alcohol?**

It doesn't matter what your
appointment is about, it's ok
to ask us about drinking
less alcohol.

**We're *ready*
when you are**



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